

Træningstider indendørs 2009

WEEK 52 no training

WEEK 1 start 2010 on the 5th of jan.

WEEK 7 no training

WEEK 13 no training

WEEK 16 last week indoor (24-04-2010)

Alexander Beier	94	16 - 17		17 - 18		2,0
Alexander Damsgaard	98	14 - 15	14 - 15			2,0
Alexander Villaume	99		16 - 17			1,0
Alma Nordentoft				14 - 15		1,0
Anders Reenberg	97		15 - 17			2,0
Andreas Vang	2000				12 13	1,0
Anne S.Riise	96	16 - 17	17 - 18			2,0
August Venø Schougaard	2002				10 11	1,0
Augusta Jarden	2003				10 11	1,0
Bastian Bårsø			17 - 18	17-18		2,0
Benjamin Markersen	97	14 - 15	14-15			2,0
Bolette Elsøe	96	15 - 16		15 - 16		2,0
Carl Emil Markussen	99		14 - 15			1,0
Caroline Snorgaard	97		16 - 17	15 - 16		2,0
Christine Heller	99				12 13	1,0
Christoffer Riise	93	16 - 17		17 - 18		2,0
Daniel Jakslund	99		14 - 15	16 - 17	11 12	3,0
Ellen Mark	98				12 13	
Emil Kragelund	98				11 12	1,0
Emilie W. Nielsen	99				12 13	1,0
Eskild Venøbo	2000			14 - 15		1,0
Filippa Lund Falkensted	2004				10 11	1,0
Frederik Hejbøll	97				11 12	1,0
Frederik Kirkebye	2000		15 - 16		11 12	2,0
Frida K. Sindal (hver 2. uge)	99			14 - 15	12 13	1,0
Gustav Grønlund	98	15 - 16				1,0
Ida Marie Gramkow	2002			14 - 15		1,0
Jakob Gelatius	98			16 - 17		1,0
Jakob.F. Dynnesen	99			14 - 15		1,0
Janos Bjørnvig	98	14 - 15	14 - 15			2,0
Jens Gjersøe	98	14 - 15	14 - 15	17 - 18		3,0
Joachim Malmstrøm	98	15 - 16				1,0
Joel F. Andersen	99			14 - 15		1,0
Johanna Klysner	2004				10 11	1,0
Jonathan Grønlund	2004				10 11	1,0
Jonathan Nordin	98			16 - 17		1,0
Josephine Peppink	97	15 - 16		16 - 17		2,0
Julia Schougaard	97	15 - 16				1,0
Julie Daa Petersen	99		16 - 17	15 - 16		2,0
Julie Langkjær Iversen	99		16 - 17	15 - 16		2,0
Julius Lyk Jensen	92	16 - 17		17 - 18		2,0

